

**California Teen Eating, Exercise and Nutrition
Survey
(Cal-TEENS)**

**(3/16/06)
2006 Questionnaire**

2006 California Teens Exercise, Eating, Nutrition (CalTEENS) Instrument- ENGLISH

INTROQ1

Hello. I'm _____ (interviewer name) _____ calling for the California Department of Health Services located in Sacramento.

SPEAK18 0.03

Am I speaking with a member of the household who is at least 18 years old?

1. No -----> (CONTINUE)
2. Yes -----> (GO TO RUADULT)

SPKMFHHH 0.04

May I speak with a member of the household who is at least 18 years old?

1. No/Not available -----> I'll try back again later. Thank you.
2. Yes -----> (GO TO RUADULT)

RUADULT 0.05

We're doing a study of California residents aged 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer to be included in the study. Are you a member of this household and at least 18 years old? (Note: Household members are people who think of the households as their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

INTROQ2 0.07

First, I need to determine if your household is eligible to participate in this telephone survey. Are there any persons living in this household who are at least 12 years old but younger than 18? (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

HSETEEN 0.08

How many people in your household are at least 12 years of age but younger than 18? [If answer is '0', press F6.] (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

- _____ Enter Number of teens
77. Don't Know/Not Sure
99. Refused

TEENAGE 0.15

How old are the teens?

- _____ Enter Number (can enter up to 9)
77. Don't Know/Not Sure
99. Refused

RU_PRNT 0.30

The selected person in your household is the {str(sample->age)}year-old. Are you a parent or legal guardian of the (SELECTED) year-old?

1. No -----> (GO TO IS_PRNT)
2. Yes -----> (CONTINUE)

IS_PRNT 0.32

[IF NOT PARENT OR GUARDIAN: May I speak with a parent or guardian of the (SELECTED)? Hello. I'm _____ (interviewer name) _____ calling for the California Department of Health Services located in Sacramento. We're doing a study of California residents aged 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your

household has been randomly chosen by the computer to be included in the study.

RU_PRNT 0.30

We would like to interview the () year-old.

IS_PRNT2 0.35

The telephone survey will take about 30-35 minutes. Your teenager does not have to answer any question he or she prefers not to answer and may stop the survey at any time. An interviewer will ask your teenager a series of questions about eating and exercise habits and related health behaviors. Although this study is considered low risk, some teenagers may have personal feelings about questions, such as weight, smoking, or food being available at home.

IS_PRNT3 0.36

All answers to this survey will be kept confidential and will be used only for the purposes of this research. While participation is voluntary, your cooperation is very important. If you have any questions about the survey, I can provide you with a toll free number for you to call.

PERMIT 0.37

Will you allow the 0.0 year-old to participate in the survey?

1. Yes (continue)
2. **No (terminate)**

IS_PRNT4 0.38

Before we get started with the (SELECTED) year-old, I would like ask you a few questions about how many people live in your household and their ages, as well as about your household income. Would you be willing to participate by answering the next few questions?

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

HOUSE 0.39

How many adults age 18 or over live in your household?

- _____ Enter Number of adults
77. Don't Know/Not Sure
99. Refused

HSECHILD 0.40

**How many people in your household are younger than age 12? [If answer is '0', press F6.]
(Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)**

- _____ Enter Number of children
77. Don't Know/Not Sure
99. Refused

HHSIZE (CA)*** Calculated variable do not ask *** (not formatted)
Household size. (HOUSE + HSECHILD + HSETEEN)

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YEARINCO 0.42

Because a household's income has been shown to affect health outcomes, could you please tell me your best estimate of your household's total annual income from all sources before taxes? Your answers are confidential and we never share this information.

_____ Enter amount

77. Don't know / Not sure

(Go to INCOM02)

99. Refused

(Go to INCOM02)

YRINCOVER 0.43

I have entered that your annual household income is \$_____. Is that correct?

1. Yes

(Go to INTROQ3)

2. No

(Re-ask YEARINCO)

77. Don't know / Not sure

99. Refused

INCOM02 0.50

Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to less than \$75,000; \$75,000 to less than \$100,000 or \$100,000 or more?

1. Less than \$10,000

2. \$10,000 to less than \$15,000

3. \$15,000 to less than \$20,000

4. \$20,000 to less than \$25,000

5. \$25,000 to less than \$35,000

6. \$35,000 to less than \$50,000

7. \$50,000 to less than \$75,000

8. \$75,000 to less than \$100,000

9. \$100,000 or more

77. Don't know / Not sure

99. Refused

Find the point on the table where HHSIZE and INCOM02 intersect.

If there is a table value and the table value is LT the "less than" value of the response to INCOM02, go to THRESH03.

THRESH03 0.58

Is your annual household income above _____ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)

1. Yes

2. No

7. Don't know / Not sure

9. Refused

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INCOM02	=	1 <10K	2 10-15K	3 15-20K	4 20-25K	5 25-35K	6 35-50K	7 50-75K	8 75-100K	9 100K+
HHSIZE=	1	9,570	12,441	17,705/ 19,140	23,925					
(Household Size)	2		12,830	16,679	23,736	25,660/ 32,075				
	3			16,090	20,917	29,767/ 32,180	40,225			
	4			19,350		25,155	35,798/ 38,700/ 48,375			
	5				22,610	29,393	41,829/ 45,220	56,525		
	6				25,870	33,631	47,860	51,740/ 64,675		
	7					29,130	37,869	53,891/ 58,260/ 72,825		
	8					32,390	42,107	59,922/ 64,780	80,975	
	9						35,650/ 46,345	65,953/ 71,300	89,125	
	10						38,910	50,583/ 71,984	77,820/ 97,275	
	11						42,170	54,821	78,015/ 84,340	105,425
	12						45,430	59,059	84,046/ 90,860	113,575
	13						48,690	63,297	90,077/ 97,380	121,725

(100%, 130%, 185%, 200%, and 250% of Federal Poverty Line; From: Federal Register, Feb 18, 2005.)

INTROQ3 0.63

That concludes my questions for you. May the {str(sample->age)}year old now take part in this survey?

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

RU_YTH 0.64

Am I speaking with the _(SELECTED)_ year-old ?

1. Yes -----> Go to STRTYTH1
2. No -----> **May I speak with the _(SELECTED)_ year-old?**

STRTYTH1-3

Hello, my name is (interviewer name) and I'm calling from the California Department of Health Services in Sacramento. We're doing a study of California residents aged 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer to be included in the study. This telephone survey will take about 30-35 minutes. I will ask you a series of questions about eating and exercise habits and related health behaviors. Although this study is considered low risk, some teenagers may have personal feelings about questions, such as weight, smoking, or food being available at home.

We recently spoke with someone in your household to let them know we would be calling to ask for your help with our study. While your participation is voluntary, it is VERY IMPORTANT to the success of the project. Your answers will be kept confidential and will only be used for the purposes of this research. Your name will NEVER be associated with any information you give us. You do not have to answer any questions you do not wish to answer and may stop the survey at any time. Are you willing to participate in the survey?

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

I would like to begin by verifying some general information about you.

AGE1

1. **First, I need to verify that your age is (age). Is that correct?**

1. Yes [Go to SEX]
2. No
-
77. Don't know
99. Refused

AGE2

2. **What is your age, please?**

- Enter response
77. Don't Know [TERMINATE INTERVIEW]
99. Refused [TERMINATE INTERVIEW]

If AGE < 12 or AGE > 18, terminate interview
If AGE = 18 go to YEAR17
If 12 <= AGE <= 17 go to SEX

YEAR17

3. **Were you 17 years old on [date screening interview took place]?**

1. Yes
2. No [TERMINATE INTERVIEW]
-
77. Don't know/Not sure [TERMINATE INTERVIEW]
99. Refused [TERMINATE INTERVIEW]

SEX

4. **And I also need to verify that you are (male/female)?**

1. Male
2. Female

HIGRADE

5. **Now I'm going to ask you some questions about school.**

What is the highest grade or year of school or college that you have completed?

(INTERVIEWER NOTE: This means years completed, not the year in which the respondent is currently enrolled.)

-- Enter response

12. High school graduate

00. No formal schooling

77. Don't know

99. Refused

If HIGRADE ge 12 go to OPNCAMP

If HIGRADE eq 00, 77, or 99 go to BRKFST2

GOSCHL2

6. **Do you go to school now?**

1. Yes [Go to OPNCAMP]

2. No

3. Never been to school [Go to BRKFST2]

4. Not right now

5. Home school [Go to BRKFST2]

77. Don't know/Not sure [Go to SCHLTYP1]

99. Refused [Go to SCHLTYP1]

RESCHOOL

7. **Will you return to school next term?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

OPNCAMP

8. [If GOSCHL2 eq 1 ask :] **Does the school have an open campus for lunch?**

[If GOSCHL2 eq 2,4,7,9 :] **Did the school have an open campus for lunch?**

[If HIGRADE ge 12 :] **Did the high school have an open campus for lunch?**

[Interviewer: Define 'open campus' if needed]

1. Yes

2. No

77. Don't know/Not sure

99. Refused

SCHLTYP1

9. [If GOSCHL2 eq 1 ask :] **Do you go to public or private school?**
[If GOSCHL2 eq 2,4,7,9 :] **Did you go to public or private school?**
[If HIGRADE ge 12 :] **Did you go to public or private high school?**

1. Private
2. Public

77. Don't know/Not sure
99. Refused

**If GOSCHL2 eq 2,4 or if HIGRADE ge 12 then go to SCHPERF.
Otherwise, continue.**

SCH2WKS

10. **Have you attended school in the past 2 weeks?**

1. Yes
2. No [Go to SCHPERF]

77. Don't know/Not sure
99. Refused

SCHYDAY

11. **Were you in school yesterday?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

SCHPERF

12. [If GOSCHL2 eq 1 ask:] **How do you do in school? Would you say much better than average, better than average, average, or below average?**
[If GOSCHL2 eq 2,4,7,9 or if HIGRADE=12 ask:] **How did you do in school? Would you say much better than average, better than average, average, or below average?**

1. Much better than average
2. Better than average
3. Average
4. Below average

77. Don't know/Not sure
99. Refused

DISEXER

13. **In the last year, have you taken a class or course at school in which the health effects of physical activity and exercise were discussed?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

DISEAT

14. **In the last year, have you taken a class or course at school in which the health effects of good eating habits were discussed?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

If GOSCHL2=1 then go to SCHLFAST, else go to BRKFST2

SCHLFAST

15. **Does your school serve food from fast food restaurants like Burger King, McDonald's or Taco Bell every day?**

- 1. Yes
- 2. No (Go to SCHSTORE)
-
- 77. Don't know/Not sure (Go to SCHSTORE)
- 99. Refused (Go to SCHSTORE)

SCHLREST

16. **From which fast food restaurants is food served on campus? [Interviewer: CHOOSE ALL THAT APPLY]**

- 1. McDonald's
- 2. Burger King
- 3. Kentucky Fried Chicken
- 4. Taco Bell
- 5. Pizza Hut
- 6. Subway
- 7. Domino's Pizza
- 8. Not a name brand/school brand
- 9. Other _____ (specify)
-
- 77. Don't know/Not sure
- 99. Refused

SCHSTORE

17. **Does your school have a student store where chips, cookies, candy, or soda are sold?**

1. Yes

2. No

(Go to SCHLSODA)

77. Don't know/Not sure

(Go to SCHLSODA)

99. Refused

(Go to SCHLSODA)

SCHBYSTR

18. **Yesterday/[LAST DAY OF SCHOOL], did you buy chips, cookies, candy, or soda from the student store?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

SCHLSODA

19. **Does your school have a soda vending machine that students can use?**

1. Yes

2. No

(Go to SCHLVEND)

77. Don't know/Not sure

(Go to SCHLVEND)

99. Refused

(Go to SCHLVEND)

SCHBYSOD

20. **Yesterday/[LAST DAY OF SCHOOL], how many sodas did you buy a soda from your school vending machine?**

_____ enter number

77. Don't know/Not sure

99. Refused

SCHLVEND

21. **Does your school have a vending machine filled with snacks, chips, cookies, or candy that students can use?**

1. Yes

2. No

(Go to BRKSCHL)

77. Don't know/Not sure

(Go to BRKSCHL)

99. Refused

(Go to BRKSCHL)

SCHBYVEN

22. **Yesterday/[LAST DAY OF SCHOOL], did you buy chips, cookies, or candy from your school vending machine?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

BRKSCHL

23. **A complete school breakfast is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school breakfast?**

- _____ enter number, less than 1, or none
- 55. Less than 1
 - 88. None
 -
 - 77. Don't know/Not sure
 - 99. Refused

LCHSCHL

24. **A complete school lunch is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school lunch?**

- _____ enter number, less than 1, or none
- 55. Less than 1
 - 88. None (Go to BRKFST2)
 -
 - 77. Don't know/Not sure (Go to BRKFST2)
 - 99. Refused (Go to BRKFST2)

FOODLIKE

25. **In general, do you like the complete school lunches served at your school? Would you say usually, sometimes, seldom, or never?**

- 1. Usually
- 2. Sometimes
- 3. Seldom
- 4. Never
-
- 77. Don't know/Not sure
- 99. Refused

Now I am going to ask you some questions about the foods you ate and drank yesterday, that was (<i>INSERT DAY</i>).
--

BRKFST2

26. **Yesterday, did you eat or drink anything for breakfast?**

1. Yes
2. No (Go to SNKAM)

77. Don't know/Not sure (Go to SNKAM)
99. Refused (Go to SNKAM)

BRKFOOD1

27. **Did you eat any fruits or vegetables, or drink any 100% juice for breakfast yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

IF SCHYDAY=1 go to SCHLBRK3, else go to BRKFD2

SCHLBRK3

28. **Did you eat a complete school breakfast yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

SCHBRKFBV1

29. **Were there fruits, vegetables, or 100% juices served as part of your breakfast at school?**

1. Yes
2. No (Go to *BRKFD2*)

77. Don't know/Not sure (Go to *BRKFD2*)
99. Refused (Go to *BRKFD2*)

EATBRKFBV1

30. **Did you eat the fruits, vegetables, or 100% juices served as part of your breakfast at school?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

IF BRKFOOD1=1 or EATBRKFBV1=1 continue, else go to SNKAM

BRKFD2_A-BRKFD2_E

31. **Which fruits, vegetables, or 100% juice did you have for breakfast yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. DO NOT include potato chips or french fries. Include fruits and vegetables mixed with other foods, like fruit in cereal and vegetables in omelets. (List up to five types.)**

Insert brand list FOOD

96 Other _____(specify)

77. Don't Know

(Go to SNKAM)

99. Refused

(Go to SNKAM)

IF BRKFD2_A-BRKFD2_E="POTATO" continue, else go to BRKLETT

BRKPOTAT

32. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked

2. Boiled

3. Mashed

4. Fried

5. Hashbrowns

6. Some other kind

77. Don't know/Not sure

99. Refused

If BRKFD2_A-BRKFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO BRKLETT ELSE GO TO BRKTOM

BRKLETT

33. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad

2. On a sandwich or burger

3. In a burrito or taco

4. Part of something else

5. Just lettuce

77. Don't know/Not sure

99. Refused

If BRKFD2_A-BRKFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO BRKTOM ELSE GO TO BRKMXFRT

BRKTOM

34. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

-
- 77. Don't know/Not sure
 - 99. Refused

If ("BRKLETT"=2 or 3) or ("BRKTOM"=1 or 2) GO TO BRKSAND ELSE GO TO BRKMXFRT

BRKSAND

35. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

-
- 77. Don't know/Not sure
 - 99. Refused

If BRKFD2_A-BRKFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO BRKMXFRT ELSE GO TO BRKMXVEG

BRKMXFRT

36. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't know/Not sure
 - 99. Refused

If BRKFD2_A-BRKFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO BRKMXVEG ELSE GO TO BRKSLDTP

BRKMXVEG

37. **What was the main vegetable in your "INSERT BRKFD2_A-BRKFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't know/Not sure
 - 99. Refused

If BRKFD2_A-BRKFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or

(BRKFD2_A-BRKFD2_E= "LETTUCE" or "LETTUCE AND TOMATO" and BRKLETT=1) GO TO BRKSLDTP ELSE GO TO BRKSVG1

BRKSLDTP

38. **In the green salad you ate, were there any ingredients other than lettuce?**

- | | | |
|-------|---------------------|-------------------------|
| 1. | Yes | |
| 2. | No | (Go to BRKSVG1-BRKSVG5) |
| ----- | | |
| 77. | Don't know/Not sure | (Go to BRKSVG1-BRKSVG5) |
| 99. | Refused | (Go to BRKSVG1-BRKSVG5) |

BRKSLD1-BRKSLD2

39. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- | | | |
|-------|----------------------|--|
| 96. | Other _____(specify) | |
| ----- | | |
| 77. | Don't know/Not sure | |
| 99. | Refused | |

BRKSVG1-BRKSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGE TO REFLECT PROGRAMMING)

40. (IF BRKFD2_A-BRKFD2_E=" fruit" then) : **How many servings of (BRKFD2_A-BRKFD2_E) did you eat for breakfast? A serving of fruit is about one medium piece of fruit, ½ a cup or a big scoop of cut up fruit, or a handful of dried fruit.**
(IF BRKFD2_A-BRKFD2_E=" vegetable" then) :**How many servings of (BRKFD2_A-BRKFD2_E) did you eat for breakfast? A serving is ½ cup or a big scoop of vegetables or a medium green salad or a small baked potato.**
(IF BRKFD2_A-BRKFD2_E=" juice" then) :**How many servings of (BRKFD2_A-BRKFD2_E) did you drink for breakfast? A serving of juice is 3/4 cup or a small glass.**

- | | | |
|-------|---------------------|--|
| _____ | enter number | |
| 88. | None | |
| ----- | | |
| 77. | Don't know/Not sure | |
| 99. | Refused | |

SNKAM

41. **Yesterday, did you eat or drink anything between breakfast time and lunch time?**

- | | | |
|-------|---------------------|---------------|
| 1. | Yes | |
| 2. | No | (Go to LUNCH) |
| ----- | | |
| 77. | Don't know/Not sure | (Go to LUNCH) |
| 99. | Refused | (Go to LUNCH) |

SNAMFOOD

42. **What did you eat for your morning snack? [Interviewer: CHOOSE ALL THAT APPLY]**

1. Fruit
2. Fruit juice
3. Vegetable
4. Fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

SNAMEFROM

43. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

If SNAMEFOOD=Fruit or juice or Vegetable, go to SNAMEFD2, else continue

SNAMEFOOD1

44. **Did you eat any fruits or vegetables, or drink any 100% juice for your morning snack yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No
-
77. Don't know/Not sure
99. Refused

If SNAMEFOOD1=1 continue, else go to LUNCH

SNAFD2_A-SNAFD2_E

45. **Which fruits, vegetables, or 100% juice did you have for a morning snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables mixed with other foods, like fruit in smoothies or vegetables in burritos. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

[Go to LUNCH]

99. Refused

[Go to LUNCH]

If SNAFD2_A-SNAFD2_E = "POTATO" continue, else go to SNALETT

SNAPOTAT

46. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Some other kind

77. Don't Know

99. Refused

If SNAFD2_A-SNAFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNALETT ELSE GO TO SNATOM

SNALETT

47. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know

99. Refused

If SNAFD2_A-SNAFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNATOM ELSE GO TO SNAMXFRT

SNATOM

48. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("SNALETT"=2 or 3) or ("SNATOM"=1 or 2) GO TO SNASAND ELSE GO TO SNAMXTRT

SNASAND

49. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

- 77. Don't know
- 99. Refused

If SNAFD2_A-SNAFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNAMXFRT ELSE GO TO SNAMXVEG

SNAMXFRT

50. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't Know
- 99. Refused

If SNAFD2_A-SNAFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNAMXVEG ELSE GO TO SNASLDTP

SNAMXVEG

51. **What was the main vegetable in your "INSERT SNAFD2_A-SNAFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't Know
- 99. Refused

If SNAFD2_A-SNAFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNAFD2_A-SNAFD2_E="LETTUCE" or "LETTUCE AND TOMATO" and SNALETT=1) GO TO SNASLDTP ELSE GO TO SNASVG1

SNASLDTP

52. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes
2. No (Go to SNASVG1-SNASVG5)

77. Don't know/Not sure (Go to SNASVG1-SNASVG5)
99. Refused (Go to SNASVG1-SNASVG5)

SNASLD1-SNASLD2

53. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know
99. Refused

SNASVG1-SNASVG5 (repeat for each type of food listed)

54. (IF SNAFD2_A-SNAFD2_E=" fruit" then) : **How many servings of (*SNAFD2_A-SNAFD2_E*) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNAFD2_A-SNAFD2_E=" vegetable" then) :**How many servings of (*SNAFD2_A-SNAFD2_E*) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNAFD2_A-SNAFD2_E=" juice" then) :**How many servings of (*SNAFD2_A-SNAFD2_E*) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

- _____ enter number
88. None

77. Don't know
99. Refused

LUNCH

55. **Did you eat or drink anything for lunch yesterday?**

1. Yes
2. No (Go to SNKPM)

77. Don't know/Not sure (Go to SNKPM)
99. Refused (Go to SNKPM)

LCHPLAC

56. **Where did you obtain that lunch from? (Check all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

-
77. Don't know/Not sure
99. Refused

LCHFOOD1

57. **Did you eat any fruits or vegetables, or drink any 100% juice for lunch yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No

-
77. Don't know/Not sure
99. Refused

If LCHPLAC = 3, 4, or 12 continue; else go to LCHFD2

SCHLLCH3

58. **Did you eat a complete school lunch yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

1. Yes
2. No

-
77. Don't know/Not sure
99. Refused

SCHCHFV3

59. **Were there fruits, vegetables, or 100%juices served as part of your lunch at school?**

1. Yes
2. No

(Go to LCHFD2)

-
77. Don't know/Not sure
99. Refused

(Go to LCHFD2)

(Go to LCHFD2)

IF LCHFOOD1=1 continue, else go to LCHFD2 (Q61)

EATCHFV3

60. **Did you eat the fruits, vegetables, or 100% juice served as part of your lunch at school?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

If LCHFOOD1=1 or EATCHFV2=1 continue, else go to SNKPM

LCHFD2_A-LCHFD2_E

61. **Which fruits, vegetables, or 100% juice did you have for lunch yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables in mixed dishes like tacos, soup, wraps and sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know (Go to SNKPM)
- 99. Refused (Go to SNKPM)

If LCHFD2_A-LCHFD2_E="POTATO" continue, else go to LCHLETT

LCHPOTAT

62. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Some other kind
-
- 77. Don't Know
- 99. Refused

If LCHFD2_A-LCHFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO LCHLETT ELSE GO TO LCHTOM

LCHLETT

63. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce
-
- 77. Don't Know
- 99. Refused

If LCHFD2_A-LCHFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO LCHTOM ELSE GO TO LCHMXFRT

LCHTOM

64. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes
-
- 77. Don't Know
- 99. Refused

If ("LCHLETT"=2 or 3) or ("LCHTOM"=1 or 2) GO TO LCHSAND ELSE GO TO LCHMXTRT

LCHSAND

65. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

If LCHFD2_A-LCHFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO LCHMXFRT ELSE GO TO LCHMXVEG

LCHMXFRT

66. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

If LCHFD2_A-LCHFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED

VEGETABLE SALAD" GO TO LCHMXVEG ELSE GO TO LCHSLDTP

LCHMXVEG

67. **What was the main vegetable in your "INSERT LCHFD2_A-LCHFD2_E"?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If LCHFD2_A-LCHFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (LCHFD2_A-LCHFD2_E="LETTUCE" or "LETTUCE AND TOMATO" and LCHLETT=1) GO TO LCHSLDTP ELSE GO TO LCHSVG1

LCHSLDTP

68. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to LCHSVG1)

77. Don't know/Not sure

(Go to LCHSVG1)

99. Refused

(Go to LCHSVG1)

LCHSLD1-LCHSLD2

69. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

LCHSVG1-LCHSVG5 (repeat for each type of food listed) (PROGRAMMED NAME)

70. (IF LCHFD2_A-LCHFD2_E=" fruit" then) **How many servings of (LCHFD2_A-LCHFD2_E) did you eat for lunch? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF LCHFD2_A-LCHFD2_E=" vegetable" then): **How many servings of (LCHFD2_A-LCHFD2_E) did you eat for lunch? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF LCHFD2_A-LCHFD2_E=" juice" then): **How many servings of (LCHFD2_A-LCHFD2_E) did you drink for lunch? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number
88. None

77. Don't know

99. Refused

SNKPM

71. **Yesterday, did you eat or drink anything between lunch time and dinner time?**

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1. Yes
2. No (Go to DINNER)

77. Don't know/Not sure (Go to DINNER)
99. Refused (Go to DINNER)

SNPMFOOD

72. **What did you eat for your afternoon snack? [Interviewer: CHOOSE ALL THAT APPLY]**

1. Fruit
2. Juice
3. Vegetable
4. French fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

SNPMFROM

73. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

1. Vending machine
2. Student store
3. School snack bar or a la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

If SNPMFOOD=Fruit or Fruit juice or Vegetable, go to SNPFD2, else continue

SNPFOOD1

74. **Did you eat any fruits or vegetables, or drink any 100% juice for your afternoon snack**

yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.

- 1. Yes
- 2. No (Go to DINNER)
-
- 77. Don't know/Not sure (Go to DINNER)
- 99. Refused (Go to DINNER)

If SNPFOOD1=1 continue, else go to DINNER

SNPFD2_A-SNPFD2_E

75. **Which fruits, vegetables, or 100% juice did you have for an afternoon snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include 100% fruit juice bars and fruits and vegetables mixed with other foods, like vegetables on pizza. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
- 99. Refused

If SNPFD2_A-SNPFD2_E="POTATO" continue, else go to SNPLETT

SNPPOTAT

76. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Some other kind
-
- 77. Don't Know
- 99. Refused

If SNPFD2_A-SNPFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNPLETT ELSE GO TO SNPTOM

SNPLETT

77. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of**

something else, or just lettuce?

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce
-
77. Don't Know
99. Refused

If SNPFD2_A-SNPFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNPTOM ELSE GO TO SNPMXFRT

SNPTOM

78. Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes
-
77. Don't Know
99. Refused

If ("SNPLETT"=2 or 3) or ("SNPTOM"=1 or 2) GO TO SNPSAND ELSE GO TO SNPMXTRT

SNPSAND

79. How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?

- _____ enter number
88. None
 -
 77. Don't know
 99. Refused

If SNPFD2_A-SNPFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNPMXFRT ELSE GO TO SNPMXVEG

SNPMXFRT

80. What was the main fruit in your mixed fruits or mixed fruit salad?

Insert brand list FOOD

96. Other _____(specify)
-
77. Don't Know
99. Refused

If SNPFD2_A-SNPFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNPMXVEG ELSE GO TO SNPSLDTP

SNPMXVEG

81. **What was the main vegetable in your "INSERT SNPFD2_A-SNPFD2_E"?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNPFD2_A-SNPFD2_E="LETTUCE" or "LETTUCE AND TOMATO" and SNPLETT=1) GO TO SNPSLDTP ELSE GO TO SNPSVG1

SNPSLDTP

82. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to SNPSVG1-SNPSVG5)

77. Don't know/Not sure

(Go to SNPSVG1-SNPSVG5)

99. Refused

(Go to SNPSVG1-SNPSVG5)

SNPSLD1-SNPSLD2

83. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

SNPSVG1-SNPSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGED TO REFLECT PROGRAMMED NAME)

84. (IF SNPFD2_A-SNPFD2_E=" fruit" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNPFD2_A-SNPFD2_E=" vegetable" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNPFD2_A-SNPFD2_E=" juice" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number

88. None

77. Don't know

99. Refused

DINNER

85. **Did you eat or drink anything for dinner yesterday?**

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1. Yes
2. No (Go to SNKNT)

77. Don't know/Not sure (Go to SNKNT)
99. Refused (Go to SNKNT)

DNRFOOD1

86. **Did you eat any fruits or vegetables, or drink any 100% juice for dinner yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No (Go to SNKNT)

77. Don't know/Not sure (Go to SNKNT)
99. Refused (Go to SNKNT)

DNRFD2_A-DNRFD2-E

87. **Which fruits, vegetables, or 100% juice did you have for dinner yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables in mixed dishes like stew, chili, pasta, and stir-fried dishes. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know (Go to SNKNT)
99. Refused (Go to SNKNT)

If DNRFD2_A-DNRFD2-E="POTATO" continue, else go to DNRLETT

DNRPOTAT

88. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Some other kind

77. Don't Know
99. Refused

If DNRFD2_A-DNRFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO DNRLETT ELSE GO TO DNRATOM

DNRLETT

89. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce
-
77. Don't Know
99. Refused

If DNRFD2_A-DNRFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO DNRTOM ELSE GO TO DNRMXFRT

DNRTOM

90. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes
-
77. Don't Know
99. Refused

If ("DNRLETT"=2 or 3) or ("DNRTOM"=1 or 2) GO TO DNRSAND ELSE GO TO DNRMXTRT

DNRSAND

91. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
88. None
 -
 77. Don't know
 99. Refused

If DNRFD2_A-DNRFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO DNRMXFRT ELSE GO TO DNRMXVEG

DNRMXFRT

92. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other _____(specify)
-
77. Don't Know
99. Refused

If DNRFD2_A-DNRFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO DNRMXVEG ELSE GO TO DNRSLEDTP

DNRMXVEG

93. **What was the main vegetable in your "INSERT DNRFD2_A-DNRFD2-E"?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If DNRFD2_A-DNRFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (DNRFD2_A-DNRFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and DNRLETT=1) GO TO DNRSLDTP ELSE GO TO DNRSVG1

DNRSLDTP

94. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to DNRSVG1)

77. Don't know/Not sure

(Go to DNRSVG1)

99. Refused

(Go to DNRSVG1)

DNRSLD1-DNRSLD2

95. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

DNRSVG2-DNRSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

96. (IF DNRFD2_A-DNRFD2-E=" fruit" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you eat for dinner? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF DNRFD2_A-DNRFD2-E=" vegetable" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you eat for dinner? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF DNRFD2_A-DNRFD2-E=" juice" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you drink for dinner? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number
88. None

77. Don't know

99. Refused

SNKNT

97. **Yesterday, did you eat or drink anything between dinner time and the time you went to bed?**

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1. Yes
2. No (Go to FRUITTOT2)

77. Don't know/Not sure (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

SNNFOOD1

98. **Did you eat any fruits or vegetables, or drink any 100% juice for you evening snack? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No (Go to FRUITTOT2)

77. Don't know/Not sure (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

SNNFD2_A-SNNFD2-E

99. **Which fruits, vegetables, or 100% juice did you have? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables mixed with other foods, like fruit in jello or vegetables on sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

If SNNFD2_A-SNNFD2-E="POTATO" continue, else go to SNNLETT

SNNPOTAT

100. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Some other kind

77. Don't Know
99. Refused

If SNNFD2_A-SNNFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNNLETT ELSE GO TO SNNMOM

SNNLETT

101. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

-
77. Don't Know
 99. Refused

If SNNFD2_A-SNNFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNNTOM ELSE GO TO SNNMXFRT

SNNTOM

102. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes

-
77. Don't Know
 99. Refused

If ("SNNLETT"=2 or 3) or ("SNNTOM"=1 or 2) GO TO SNNSAND ELSE GO TO SNNMXTRT

SNNSAND

103. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

_____ enter number

88. None

-
77. Don't know
 99. Refused

If SNNFD2_A-SNNFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNNMXFRT ELSE GO TO SNNMXVEG

SNNMXFRT

104. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other _____(specify)

-
77. Don't Know
 99. Refused

If SNNFD2_A-SNNFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNNMXVEG ELSE GO TO SNNSLDTP

SNNMXVEG

105. **What was the main vegetable in your "INSERT SNNFD2_A-SNNFD2-E"?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If SNNFD2_A-SNNFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNNFD2_A-SNNFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and SNNLETT=1) GO TO SNNSLDTP ELSE GO TO SNNSVG1

SNNSLDTP

106. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to SNNSVG1-SNNSVG5)

77. Don't know/Not sure

(Go to SNNSVG1-SNNSVG5)

99. Refused

(Go to SNNSVG1-SNNSVG5)

SNNSLD1-SNNSLD2

107. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

SNNSVG1-SNNSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

108. (IF SNNFD2_A-SNNFD2-E=" fruit" then): **How many servings of (SNNFD2_A-SNNFD2-E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNNFD2_A-SNNFD2-E=" vegetable" then): **How many servings of (SNNFD2_A-SNNFD2-E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNNFD2_A-SNNFD2-E=" juice" then): **How many servings of (SNNFD2_A-SNNFD2-E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number

88. None

77. Don't know

99. Refused

FRUTTOT2

109. **Now, thinking about *everything* you ate and drank, how many servings of fruits and 100% juices did you have yesterday?**

_____ enter number

(verify if greater than 9)

88. None

77. Don't know
99. Refused

VEGTOT2

110. **Now, thinking about *everything* you ate and drank, how many servings of vegetables and green salad did you eat yesterday?**

- _____ enter number (verify if greater than 9)
88. None

77. Don't know
99. Refused

FRTVEGNR

111. **How many total servings of fruits and vegetables do you think you should eat every day to be healthy?**

- _____ enter number
88. None

77. Don't know
99. Refused

REASFV3

112. **What is the main reason you eat fruits and vegetables, or drink 100% juice?** (fruit or vegetable)

1. Like taste
2. Health
3. Weight control
4. It's what is available
5. Easy to find or fix
6. Served with meals
7. Important to me
8. Important to my parents
9. Important to others
10. Nutrients/energy
11. Other _____ (specify)

77. Don't know/not sure
99. Refused

BARFV3

113. **What is the main reason you don't eat more fruits and vegetables, or drink more 100% juice?**

1. Eat enough

- 2. Don't like taste
- 3. Not available
- 4. Don't think about it
- 5. Not important
- 6. Poor quality
- 7. Choose other foods
- 8. Allergic
- 9. No time
- 10. Not hungry
- 11. Don't want to gain weight
- 12. Too much sugar
- 13. Too much fiber
- 14. Don't want to get sick from eating too much
- 11. Other _____ (specify)
- 12. Too expensive
-
- 77. Don't know/not sure
- 99. Refused

GRAIN

114. **Yesterday how many servings of whole-grain breads did you eat? This would include 100% whole wheat, wheatberry or bran bread and bagels, or whole wheat tortillas, but not flour or corn tortillas. A serving would be one slice of bread, one tortilla, or 1/2 a bagel.**

- _____ enter number (verify if greater than 5)
88. None
-
77. Don't know
99. Refused

BEANS

115. **Yesterday how many servings of beans did you eat? This would include kidney beans, refried beans, chilibeans, black beans, bean soup, bean salad, or lentils. A serving would be about 1/2 cup, 2 serving spoons, or a small bowl.**

- _____ enter number (verify if greater than 5)
88. None
-
77. Don't know
99. Refused

TOTFRIES

116. **How many servings of french fries did you eat yesterday? A serving of french fries equals one small fast food order or 1.5 cup. [Interviewer: ONE MEDIUM=1.5 SERVINGS; ONE LARGE=2 SERVINGS; ONE SUPER/KING=2.25 SERVINGS]**

_____ enter number

88. None

77. Don't know/Not sure

99. Refused

SOY

117. **Yesterday, how many servings of soy foods did you eat? This would include soybeans, soy burgers, tofu, or soy milk. This does not include soy sauce or soy oil. A serving would be ½ cup of beans, 1 burger, ½ cup or 4 oz. of tofu, or an 8-ounce glass of soy milk.**

_____ enter number

88. None

(verify if greater than 5)

77. Don't know

99. Refused

CEREAL

118. **Yesterday how many bowls of cereal did you eat?**

_____ enter number

88. None

(verify if greater than 5)

(Go to GRAINNR2)

77. Don't know

(Go to GRAINNR2)

99. Refused

(Go to GRAINNR2)

BOWLSIZE

119. **Was that a small, medium, or large bowl? A small equals 1 cup, medium equals 2 cups, and large equals 3 cups or more. (Interviewer: if respondent reported eating more than 1 bowl yesterday, ask what the bowl size was for MOST servings.)**

1. Small

2. Medium

3. Large

77. Don't know/Not sure

99. Refused

CERBRAND

120. **What cereal did you eat the most of yesterday?**

Insert brand list CEREAL

96. Other _____ (specify)

77. Don't know

99. Refused

GRAINNR2

121. **Next I'm going to ask you a question about whole grain foods. Whole grains are found in foods like whole wheat bread, oatmeal, brown rice, Triscuits, Wheat Thins, Raisin-Bran or Nutri-grain. How much of all the grain foods you eat every day do you think should come from whole grains? Would you say...**

1. All
 2. Most
 3. Half
 4. A Quarter
 5. None
-
77. Don't know/Not sure
 99. Refused

Now we are going to ask you a few more questions about the food items you ate and drank yesterday.

MILK

122. **Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latté? (A serving of milk is one individual carton, 1 cup, 1 small glass, or 8 ounces.)**

- _____ enter number (verify if greater than 5)
0. None (Go to BARMILK)
-
77. Don't know (Go to BARMILK)
 99. Refused (Go to BARMILK)

PERFAT

123. **What percent fat was most of the milk you drank yesterday? Would you say...**

[Interviewer: Read response choices]

1. Nonfat, skim, or fat-free
 2. 1% fat
 3. 2% fat
 4. Whole milk (4%)
 5. Other _____(specify)
-
6. Never drink milk
 77. Don't know/Not sure
 99. Refused

BARMILK (Asked if PERFAT GE 3)

124. **What is the main reason you don't drink nonfat, skim, fat-free, or 1% fat milk?**

[Prompt only if they do not answer quickly]

1. Not available

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- 2. Don't like taste
- 3. Habit
- 4. Don't need to reduce fat intake
- 5. Extra calories
- 6. Not important
- 7. Not as healthy as whole milk
- 8. Lactose intolerant
- 9. Haven't tried others
- 10. Other _____ (specify)

- 77. Don't know/not sure
- 99. Refused

CHEESE

125. **How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

CALCIUM2 (PROGRAMMED NAME)

126. **How many times did you have yogurt or dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

MILKNR

127. **How many total servings of dairy products, like milk, yogurt or cheese do you think you should have every day to be healthy?**

- _____ enter number
88. None

77. Don't know
99. Refused

ANIMPRO

128. **Yesterday how many servings of meat, poultry, fish, and eggs did you eat? A serving is a piece of meat, chicken, turkey or fish about the same size as a deck of cards or two eggs.**

- _____ enter number

88. None

77. Don't know
99. Refused

PASTRY

129. **Yesterday did you eat any pastries, such as doughnuts, danishes, sweet rolls, muffins, croissants, or pop-tarts?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

FRIED

130. **Yesterday did you eat any deep-fried foods, such as, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings? Do not include french fries.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CHIPS

131. **Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

DESSERT

132. **Yesterday did you eat any sweet snacks like cake, pie, cookies, or brownies? Do not include ice cream or reduced fat or fat-free bakery items or lower fat dairy items like ice milk, light ice cream, frozen yogurt, or sherbet.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CANDY2

133. **Yesterday did you eat any candy bars or packages of candy?**

1. Yes
2. No

- 77. Don't know/Not sure
99. Refused

SODA3

134. **Yesterday how many servings of regular soda (cola, lemon-lime) or sweetened beverage like Snapple, Kool-Aid, Arizona, Red Bull, Rockstar, or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include diet drinks or carbonated plain water]**

- _____ enter number
88. None

77. Don't know
99. Refused

SODDIET3

135. **Yesterday how many servings of DIET soda (cola, lemon-lime) or DIET sweetened beverage like Sugar Free Snapple, Kool-Aid, Arizona, Red Bull, Rockstar, or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include regular soft drinks]**

- _____ enter number
88. None

77. Don't know
99. Refused

WATER20

136. **Yesterday, how many 20 ounce bottles of water did you drink? (A 20 ounce bottle is the size that comes from a vending machine)**

- _____ enter number
88. None

77. Don't know
99. Refused

COFFEE

137. **Yesterday, how many specialty coffee drinks, such as mochas, frappuccinos, or lattes did you drink?**

_____ enter number

COFFEESZ

138. **[IF COFFEE >0 ASK] What size did you drink? [Interviewer: if respondent reported drinking more than one size, ask what the size was for MOST drinks]**

1. Small (12 oz. or tall)

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2. Medium (16 oz. or grande)
3. Large (20 oz. or venti)

- 77. Don't know
99. Refused

FASTFOOD

139. **Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?**

- _____ enter number of times (verify if >2)
88. None

- 77. Don't know
99. Refused

FFWK

140. **In a typical week, how many times do you eat a meal or snack from a fast food restaurant?**

- _____ enter number
88. None

- 77. Don't know
99. Refused

CALORIE2

141. **If fast food restaurants put the calories of each food item on the menu, you would read it and use the information. Would you say...**

1. Always
2. Sometimes
3. Never

- 77. Don't know/Not sure
99. Refused

Now I am going to ask you some questions about physical activity, exercise, and sports. This would include anything you do at school, at home, or anywhere else.

If GOSCHL2=1 continue, else go to PESCHL

SCHLTRA1

142. **How many days in a usual week do you walk, ride a bike, or skateboard TO school?**

- _____ enter number
88. None

- 77. Don't know
 99. Refused

SCHLTRN3

143. **How many days in a usual week do you walk, ride a bike, or skateboard FROM school?**

- _____ enter number
 88. None

- 77. Don't know
 99. Refused

SCHLDIST

144. **How far is school from your house?** (Read responses if necessary)

1. Less than half a mile/4 blocks
 2. ½ mile to 1 mile/8 blocks
 3. 1 mile to 2 miles/16 blocks
 4. More than 2 miles

- 77. Don't know/Not sure
 99. Refused

PESCHL

145. [If GOSCHL2 eq 1 ask :] **Do you currently take physical education class in school?**

[If GOSCHL2 eq 2,4,7,9 or HIGRADE ge 12 :] **Were you taking physical education class when you were last in school?**

1. Yes
 2. No (Go to USEGYM)

- 77. Don't know/Not sure (Go to USEGYM)
 99. Refused (Go to USEGYM)

PESCHLX

146. [If GOSCHL2 eq 1 ask :] **How many times a week do you have physical education class in school?**

[If GOSCHL2 eq 2,4,7,9 or HIGRADE ge 12 :] **How many times a week did you have physical education class when you were last in school?**

- _____ enter number of times
 88. None

- 77. Don't know
 99. Refused

If SCHYDAY=1 continue, else go to USEGYM

SCHPE

147. **Yesterday did you take physical education at school?**

1. Yes
 2. No (Go to USEGYM)

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77. Don't know/Not sure (Go to USEGYM)
99. Refused (Go to USEGYM)

SCHPEMIN

148. **How many minutes did you spend in physical education class? (Does not include showering or dressing time).**

- _____ enter number
88. None

77. Don't know
99. Refused

USEGYM

149. **How many days each week do you usually use the school gym or other sports facilities at school for physical activity after school and on weekends?**

- _____ enter number, less than 1, or none
55. Less than 1
88. None

77. Don't know/Not sure
99. Refused

SCHOLPA

150. **Does your school offer physical activities after school, other than sports, such as dance, yoga, weight training, or a walking club?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

DAY7PA60

151. **Add up all the time you spend in physical activity each day (don't include your physical education or gym class). Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?**

- _____ enter number of days
88. None

77. Don't know
99. Refused

DYWKPA60

152. **Add up all the time you spend in physical activity each day (don't include your physical education or gym class). Over a typical or usual week, on how many days are you physically active for a total of at least 60 minutes per day?**

_____ enter number of days
88. None

77. Don't know
99. Refused

MINWKPA

153. **Yesterday, about how many minutes were you physically active doing moderate or vigorous activities such as basketball, dancing, soccer, or brisk walking? Include ALL activities, such as PE class or classes outside of school.**

_____ enter number of minutes
88. None

77. Don't know
99. Refused

AFTSCHPA

154. **Next I would like to ask you about the kinds of places you might be physically active. In the past 7 days, how many days did you participate in physical activity or sports on school grounds during after school care?**

_____ enter number of days
88. None

77. Don't know
99. Refused

SCHGRDPA

155. **In the past 7 days, how many days did you participate in physical activity or sports on school grounds after school?**

_____ enter number of days
88. None (Go to PARKPA)

77. Don't know (Go to PARKPA)
99. Refused (Go to PARKPA)

SCHLCARE

155.5 **Was that part of the after school care you just told me about?**

1. Yes
2. No

77. Don't Know / Not Sure
99. Refused

PARKPA

156. **In the past 7 days, how many days did you participate in physical activity or sports at a park or playground?**

_____ enter number of days

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88. None

77. Don't know
99. Refused

NEIGBRPA

157. **In the past 7 days, how many days did you participate in physical activity or sports in a neighborhood?**

- _____ enter number of days
88. None

77. Don't know
99. Refused

COMFACPA

158. **In the past 7 days, how many days did you participate in physical activity or sports at a commercial facility, for example, a YMCA, health club, or a dance studio?**

- _____ enter number of days
88. None

77. Don't know
99. Refused

PUBRECPA

159. **In the past 7 days, how many days did you participate in physical activity or sports at a public recreation center?**

- _____ enter number of days
88. None

77. Don't know
99. Refused

OTHFACPA

160. **In the past 7 days, how many days did you participate in physical activity or sports at another type of facility or grounds, please specify...?**

- _____ enter number of days
96. Other (specify) _____
88. None

77. Don't know
99. Refused

EXEACTY1

161. **What type of physical activity, exercise or sport did you spend the most time doing yesterday?**

- | | |
|--------------------|-----------------|
| 01. Aerobics class | 02. Backpacking |
| | 03. Badminton |

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- | | |
|--|--------------------------------------|
| 04. Basketball | 32. Scuba diving |
| 05. Bicycling for pleasure | 33. Skating – ice, roller or in-line |
| 06. Boating (canoeing, rowing, sailing for
pleasure or camping) | 34. Sledding, tobogganing |
| 07. Bowling | 35. Snorkeling |
| 08. Boxing | 36. Snowshoeing |
| 09. Calisthenics | 37. Snow shoveling by hand |
| 10. Canoeing/rowing – in competition | 38. Snow blowing |
| 11. Carpentry | 39. Snow skiing |
| 12. Dancing-aerobics/ballet | 40. Soccer |
| 13. Fishing from river bank or boat | 41. Softball |
| 14. Gardening (spading, weeding,
digging, filling) | 42. Squash |
| 15. Golf | 43. Stair climbing |
| 16. Handball | 44. Stream fishing in waders |
| 17. Health club exercise | 45. Surfing |
| 18. Hiking – cross-country | 46. Swimming laps |
| 19. Home exercise | 47. Table tennis |
| 20. Horseback riding | 48. Tennis |
| 21. Hunting large game – deer, elk | 49. Touch football |
| 22. Jogging | 50. Volleyball |
| 23. Judo/karate | 51. Walking/walking on a treadmill |
| 24. Mountain climbing | 52. Water-skiing |
| 25. Mowing lawn | 53. Weight lifting |
| 26. Paddleball | 54. Other (specify)_____ |
| 27. Painting/papering house | 55. Bicycling machine exercise |
| 28. Racquetball | 56. Rowing machine exercise |
| 29. Raking lawn | 57. Baseball |
| 30. Running/running on a treadmill | 58. Football |
| ----- | 59. Hockey (field) |
| 77. Don't know/not sure | 60. Hockey (ice) |
| 99. Refused | 61. Skateboarding |
| | 62. Snowboarding |
| | 63. Wrestling |

31. Rope skipping

EXEOTHY2

162. **Was there another physical activity, exercise or sport that you participated in yesterday?**

- | | | |
|-------|-----------------------|------------------|
| 1. | Yes | |
| 2. | No | (Go to SPRTSNW2) |
| ----- | | |
| 77. | Don't Know / Not Sure | (Go to SPRTSNW2) |
| 99. | Refused | (Go to SPRTSNW2) |

EXEACTY2

163. **What type of physical activity, exercise, or sport was it?**

- | | |
|--------------------|----------------|
| 01. Aerobics class | 03. Badminton |
| 02. Backpacking | 04. Basketball |

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- | | |
|---|------------------------------------|
| 05. Bicycling for pleasure | 35. Snorkeling |
| 06. Boating (canoeing, rowing, sailing for pleasure or camping) | 36. Snowshoeing |
| 07. Bowling | 37. Snow shoveling by hand |
| 08. Boxing | 38. Snow blowing |
| 09. Calisthenics | 39. Snow skiing |
| 10. Canoeing/rowing – in competition | 40. Soccer |
| 11. Carpentry | 41. Softball |
| 12. Dancing-aerobics/ballet | 42. Squash |
| 13. Fishing from river bank or boat | 43. Stair climbing |
| 14. Gardening (spading, weeding, digging, filling) | 44. Stream fishing in waders |
| 15. Golf | 45. Surfing |
| 16. Handball | 46. Swimming laps |
| 17. Health club exercise | 47. Table tennis |
| 18. Hiking – cross-country | 48. Tennis |
| 19. Home exercise | 49. Touch football |
| 20. Horseback riding | 50. Volleyball |
| 21. Hunting large game – deer, elk | 51. Walking/walking on a treadmill |
| 22. Jogging | 52. Water-skiing |
| 23. Judo/karate | 53. Weight lifting |
| 24. Mountain climbing | 54. Other (specify)_____ |
| 25. Mowing lawn | 55. Bicycling machine exercise |
| 26. Paddleball | 56. Rowing machine exercise |
| 27. Painting/papering house | 57. Baseball |
| 28. Racquetball | 58. Football |
| 29. Raking lawn | 59. Hockey (field) |
| 30. Running/running on a treadmill | 60. Hockey (ice) |
| 31. Rope skipping | 61. Skateboarding |
| 32. Scuba diving | 62. Snowboarding |
| 33. Skating – ice, roller or in-line | 63. Wrestling |
| 34. Sledding, tobogganing | |
| ----- | |
| 77. Don't know/not sure | |
| 99. Refused | |

SPRTSNW2

164. [If PESCHL eq 1 ask :] **Other than physical education class, are you CURRENTLY involved in any team or individual sports or activities, such as school team sports, intramural sports, or out-of school programs?**

[If PESCHL eq 2,7 or 9 ask :] **Are you CURRENTLY involved in any team or individual sports or**

activities, such as school team sports, intramural sports, dance, martial arts, or out-of school programs?

- 1. Yes
- 2. No (Go to EXERMIN)
-
- 77. Don't know/Not sure (Go to EXERMIN)
- 99. Refused (Go to EXERMIN)

SPORTYP2

165. **Would that be school team sports, intramural sports, or out-of school programs?** *[Choose all that apply]*

- 1. School team sports
- 2. Intramural sports
- 3. Out of school programs
-
- 77. Don't know/Not sure
- 99. Refused

EXERMIN

166. **About how many minutes do you think you should exercise or be physically active each day for good health – this includes all activities like bicycling, dancing, and playing basketball that you do at school, at home, and anywhere else you get exercise?**

- _____ enter number
- 88. None
 -
 - 77. Don't know/Not sure
 - 99. Refused

EXERDAYS

167. **About how many days EACH WEEK do you think you should exercise or be physically active by doing things like bicycling, dancing, or playing basketball for at least one hour?**

- _____ enter number
- 88. None
 -
 - 77. Don't know/Not sure
 - 99. Refused

REASEXE2

168. **What is the main reason you get exercise or physical activity?**
[Prompt only if they do not answer quickly]

- 1. Fun

2. Feels good
3. Friends do it
4. Healthy
5. Important to me
6. Important to my parents
7. Important to others
8. Reduce stress
9. Strength or fitness
10. Lose weight
11. School requirement
12. Stay/get in shape
13. Social interaction
14. To keep busy/not be bored
15. Other _____ (specify)
16. Transportation/To get from one place to another

-
77. Don't know/not sure
 99. Refused

BAREXER2

169. **What is the main reason you don't get more exercise or physical activity?**

[Prompt only if they do not answer quickly]

1. Don't like it
2. No time
3. Don't look good while doing it
4. Don't have a safe place to do it
5. Don't have the right equipment
6. Too tired
7. Not important
8. Physically unable
9. I get enough
10. Lazy
11. Too busy
12. Rather do something else
13. Afraid of getting hurt
14. Weather too hot
15. Not current organized sports teams
16. Homework
17. Other _____ (specify)

-
77. Don't know/not sure
 99. Refused

<p>The next question I will be asking you is about cigarette smoking. Please remember your answers are confidential.</p>

SMK30DY2

170. **Think about the last 30 days. On how many of these days did you smoke?**

— — Response (Max is 30)

88. None
-

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77. Don't know/Not sure
99. Refused

The next few questions are about the amount of time you watch TV, play video games and use computers. DO NOT include activities done at school.

TVISION

171. **Yesterday, how many minutes or hours did you watch television or videos or play video or computer games that were for fun?**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

- _____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN **400**)
88. None

77. Don't know
99. Refused

TVROOM

172. **Do you have a television set in your bedroom? [IF RESPONDENT SAYS HE/SHE DOES NOT SLEEP IN A BEDROOM, ADD Is there a television in the room where you sleep?]**

1. Yes – in bedroom
2. No
3. Yes – in sleeping room, but not a bedroom

77. Don't know/Not sure
99. Refused

COMPTR

173. **Yesterday, how many minutes or hours did you use a computer for homework or for learning? Do not include time spent on the computer at school.**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

- _____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN **400**)
88. None

77. Don't know
99. Refused

HISPANIC

174. **Are you of Hispanic origin, such as Mexican-American, Latin American, Puerto Rican, or Cuban?**

1. Yes

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2. No

[Go to ORACE3]

77. Don't know/Not sure

[Go to REF_DEMO]

99. Refused

[Go to REF_DEMO]

REF_DEMO

If Don't know or refused: **Our data analysis is based on several factors -- and SEX/AGE/RACE/ETHNICITY is one of the most important. You have already invested several minutes providing extremely important and useful data for this study. Also, please remember that your answers are confidential and will not be revealed to anyone. Would you be willing to tell me your SEX/AGE/RACE/ETHNICITY?**

HISP2

175. **Do you consider yourself to be Mexican, Mexican-American, or other Hispanic?**

1. Mexican

2. Mexican-American

3. Other Hispanic

77. Don't know/Not sure

99. Refused

ORACE3

176. **Which one or more of the following would you say is your race...? [Interviewer: Read and mark all that apply.]**

1. White

(Go to BIRTHPLC)

2. Black or African-American

(Go to BIRTHPLC)

3. Asian

(Go to ORACE2A)

4. Native Hawaiian or Other Pacific Islander

(Go to ORACE2A)

5. American Indian or Alaska Native

(Go to BIRTHPLC)

6. _____ Other (specify)

77. Don't know/Not sure

[Go to REF_DEMO]

99. Refused

[Go to REF_DEMO]

ORACE4

177. **Which one of these groups would you say best represents your race?**

1. White

2. Black or African-American

3. Asian

4. Native Hawaiian or Other Pacific Islander

5. American Indian or Alaska Native

6. _____ Other (specify)

77. Don't know/Not sure

99. Refused

BIRTHPLC

178. **In what country were you born?**

1. United States

2. Mexico

3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea
8. Vietnam
9. OTHER: (specify) ----->BRTHTXT (Text)

77. Don't know/Not sure
99. Refused

BIRTHMOM

179. **In what country was your mother born?**

1. United States
2. Mexico
3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea
8. Vietnam
9. OTHER: (specify) --->BRTH2TXT (Text)

77. Don't know/Not sure
99. Refused

HEIGHT

180. **About how tall are you without shoes?**

(Round fractions down)

__ __ Response (in feet and inches) (Ex. 5 feet 11 inches = 511)

777. Don't know/Not sure
999. Refused

WEIGHT

181. **About how much do you weigh without shoes?**

(Round fractions up)

__ __ Response (in whole pounds)

777. Don't know/Not sure
999. Refused

IDEALWT

182. **What do you think is the best weight for you?**

(Round fractions up)

__ __ Response (in whole pounds)

- 777. Don't know/Not sure
999. Refused

YRBSWGHT

183. **Which of the following are you trying to do about your weight? Are you trying to....**

1. Lose weight
2. Gain weight
3. Stay the same weight
4. Not trying to do anything about your weight

- 77. Don't know/Not sure
99. Refused

LOSEWT2

184. **During the past 30 days, have you done anything to try to lose weight?**

1. Yes
2. No

- 77. Don't know/Not sure
99. Refused

If YRBSWGHT = 3 go to LOSEHOW4; else go to LOSEHOW2

LOSEHOW4

185. **During the past 30 days, what is the most common thing you have been doing to stay the same weight? Would you say: go on a diet, fast, exercise or workout, smoke, or some other way? Fasting means go without eating for 24 hours or more. (Use F6 is doing nothing)**

1. Go on a diet
2. Fast
4. Exercise or workout
5. Smoke
6. _____ Other (specify)

- 77. Don't know/Not sure
99. Refused

If YRBSWGHT = 1 or (LOSEWT2 = 1 and YRBSWGHT NE 3) go to LOSEHOW2, else go to HEALTH

LOSEHOW2

186. **During the past 30 days, what is the most common thing you have been doing to try to lose weight?**

Would you say: go on a diet, fast, exercise or workout, smoke, or some other way? Fasting means go without eating for 24 hours or more.

1. Go on a diet
2. Fast
3. Exercise or workout
4. Smoke
5. Other _____ (specify)

77. Don't know/Not sure
99. Refused

LOSEHOW5

187. **Did you do anything else? (F6 = Did nothing)**

1. Go on a diet
2. Fast
3. Exercise or workout
4. Smoke
5. Drink alcohol
6. Eat healthier
5. Other _____ (specify)

77. Don't know/Not sure
99. Refused

If 217 LOSEHOW2 or 218 LOSEHOW5 equals 1; else go to DIETING

LOSEDIET

188. **What kind of diet did you use? [Interviewer: Choose all that apply; prompt only if they do not answer quickly.]**

1. Eating less food/fewer calories
2. Eating foods low in fat
3. Eating foods low in sugar or carbohydrates
4. Eating more protein
5. Eating or drinking meal replacement shakes or bars, like Slim Fast or Jenny Craig
6. A "popular" diet such as Zone, Atkins, Sugar Busters (specify diet name) _____
7. A weight loss program, such as Weight Watchers (specify program name) _____
8. Diet pills, herbal medicines or other weight loss products not prescribed by your doctor
9. Supervised weight loss program through Dr., Hospital, Health Clinic, or HMO
10. Skipping one or more meals each day
11. _____ Other (specify)

77. Don't know/Not sure
99. Refused

DIETING

189. **Are you dieting to lose weight now?**

1. Yes
2. No

- 77. Don't know/Not sure
99. Refused

HEALTH

190. **How would you describe your health?**

1. Poor
2. Fair
3. Good
4. Very Good
5. Excellent

- 77. Don't Know/Not sure
99. Refused

MONEY

191. **About how much money do you have each week to spend on yourself any way you want to?**

- ____ Amount in dollars (*round up to nearest dollar*) [verify if greater than \$25]
0. None

- 77. Don't know/Not sure
99. Refused

PAIDJOB

192. **Do you have a paid part-time or full-time job?**

1. Yes
2. No

- 77. Don't know/Not sure
99. Refused

NUMHOLD

193. **Do you have more than one telephone number in your household? Do not include cell phone numbers or numbers that are only used by a computer or fax machine.**

1. Yes
 2. No [Go to COUNTY1]
- 77. Don't know/Not sure [Go to COUNTY1]
99. Refused [Go to COUNTY1]

NUMPHON2

194. **How many residential telephone numbers do you have?**

- ____ Response
1. 8 or more numbers

77. Don't know/Not sure
99. Refused

COUNTY1

195. **What county do you live in?**

001. ALAMEDA	041. MARIN	081. SAN MATEO
003. ALPINE	043. MARIPOSA	083. SANTA BARBARA
005. AMADOR	045. MENDOCINO	085. SANTA CLARA
007. BUTTE	047. MERCED	087. SANTA CRUZ
009. CALAVERAS	049. MODOC	089. SHASTA
011. COLUSA	051. MONO	091. SIERRA
013. CONTRA COSTA	053. MONTEREY	093. SISKIYOU
015. DEL NORTE	055. NAPA	095. SOLANO
017. EL DORADO	057. NEVADA	097. SONOMA
019. FRESNO	059. ORANGE	099. STANISLAUS
021. GLENN	061. PLACER	101. SUTTER
023. HUMBOLDT	063. PLUMAS	103. TEHAMA
025. IMPERIAL	065. RIVERSIDE	105. TRINITY
027. INYO	067. SACRAMENTO	107. TULARE
029. KERN	069. SAN BENITO	109. TUOLUMNE
031. KINGS	071. SAN BERNARDINO	111. VENTURA
033. LAKE	073. SAN DIEGO	113. YOLO
035. LASSEN	075. SAN FRANCISCO	115. YUBA
037. LOS ANGELES	077. SAN JOAQUIN	777. Don't Know/Not Sure
039. MADERA	079. SAN L OBISPO	999. Refused

ZIPCODE

196. **What is your zip code?**

- ____ Response
77. Don't know/Not sure
99. Refused

Finally we have a few more questions about eating and exercise.

FVAVAIL1

197. **In general, are fruits, vegetables, and 100% juices available to you whenever you are hungry?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CUTFRT

198. **At your home, is there usually fresh fruit that is ready to eat, like a fresh fruit bowl on the counter or cut-up in the refrigerator?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

CUTVEG

199. **At your home, are there usually vegetables, like carrot or celery sticks, cut and ready to eat in the refrigerator?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

GARDEN

200. **Have you ever worked in a garden to grow fruits and vegetables?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

MENU

201. **Do you know how to pick out healthy foods from menus?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

TCHCOOK

202. **Did anyone ever teach you how to cook foods in a healthy way?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

FEELBAD3

203. **Do you feel guilty on days when you haven't eaten healthy food?**

1. Yes

2. No

- 77. Don't know/Not sure
99. Refused

PRNTNOTE

204. **Do your parents or the adults you live with notice when you haven't eaten healthy foods?**

1. Yes
2. No
3. Don't live with adults

77. Don't know/Not sure
99. Refused

SODALMT

205. **Do your parents or adults you live with limit how much soda you drink at home? (includes all soda)**

1. Yes
2. No
3. Don't live with adults

77. Don't know/Not sure
99. Refused

SNKLMT

206. **Do your parents or adults you live with limit how much snack food, like chips and cookies, you eat at home?**

1. Yes
2. No
3. Don't live with adults

77. Don't know/Not sure
99. Refused

EATFAM

207. **Do you usually eat dinner with your family or the people you live with?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

EXERFAM

208. **Do you exercise or play sports with your family or the people you live with?**

1. Yes
2. No

- 77. Don't know/Not sure
99. Refused

PLAYFRND

209. **Do you exercise or play sports with your friends?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

EXERSAFE

210. **Do you live near a school, park or other place where you feel safe to exercise or workout?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

THKEXER

211. **Do you think you could do hard exercise everyday? Hard physical activity or exercise causes you to breathe hard and sweat and includes things like basketball, jogging, soccer, or fast bicycling.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

FEELBAD4

212. **Do you feel guilty on days when you don't get any physical activity or exercise?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

<p>For the following few questions, I will read you a statement and then please tell me if you agree or disagree with the statement. First....</p>

EATPOL1

213. **Your school should have healthy eating policies for foods sold outside of the cafeteria, such as standards for foods sold in vending machines or at the school store. Would you say you...**

1. Strongly Agree
2. Agree
3. Disagree
4. Strongly Disagree

77. Don't know/Not sure
99. Refused

FOURYTP2

214. **High school students should be required to take 4 years of Physical Education class?**
Would you say you...

1. Strongly Agree
2. Agree
3. Disagree
4. Strongly Disagree

77. Don't know/Not sure
99. Refused

TVUNHEAL

215. **TV advertising encourages people to eat large amounts of food or unhealthy foods.**
Would you say you...

1. Strongly Agree
2. Agree
3. Disagree
4. Strongly Disagree

77. Don't know/Not sure
99. Refused

INTMUCH

216. **Internet advertising encourages people to eat large amounts of food or unhealthy foods.**
Would you say you...

1. Strongly Agree
2. Agree
3. Disagree
4. Strongly Disagree

77. Don't know/Not sure
99. Refused

OBSPEHSV

217. **How serious is the problem of obesity among teens in California today? Would you say...**
(If respondent asks what do they mean by obesity, you may say "very overweight")

1. Very Serious

- 2. Somewhat Serious
- 3. Not Serious
- 4. No Opinion

-
- 77. Don't know/Not sure
 - 99. Refused

OBSHLTH

218. **How much do you think obesity increases a teen's chances of developing a serious health problem? Would you say...**

- 1. A lot
- 2. Some
- 3. A Little
- 4. Not at All
- 5. No Opinion

-
- 77. Don't know/Not sure
 - 99. Refused

ADVOCINT

219. **How interested are you in taking action to make changes to improve nutrition in your school, community, or home?**

- 1. Very Interested
- 2. Somewhat Interested
- 3. Not Interested
- 4. No Opinion

-
- 77. Don't know/Not sure
 - 99. Refused

ADVOCCHG

220. **Have you PERSONALLY ever been active in making changes to improve nutrition in your school, community, or home?**

- 1. Yes
- 2. No

[GO TO HUNGRY]

-
- 77. Don't know/Not sure
 - 99. Refused

[GO TO HUNGRY]

[GO TO HUNGRY]

ADVOC TYP

221. **How have you taken action to make changes to improve nutrition in your school, community or home?** *[Interviewer: Prompt only if respondent does not answer quickly]*

- 1. Worked on school/student committee

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2. Encouraged parents/family to make healthy choices
3. Worked with teacher to change classroom practices
4. Worked with food service to increase healthy choices/remove unhealthy choices
5. Helped with school social/fundraiser functions with healthy snacks
6. Involved in youth organization in the community that worked to promote healthy eating
7. Worked to improve healthy choices at my church (temple etc.)
8. _____ Other (specify)

HUNGRY

222. **Have you ever gone hungry because there was not enough money to buy food for your house or home?**

1. Yes
2. No

(Go to HGYSTOR INTRO)

-
77. Don't know/Not sure
 99. Refused

(Go to HGYSTOR INTRO)
(Go to HGYSTOR INTRO)

HUNGRY12

223. **During the last 12 months, were you ever hungry but didn't eat because there wasn't enough money to buy food for your house or home?**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

HGYSTOR INTRO

Besides money, there are reasons why people don't always have the kinds of healthy food they want or need. For each of the following, please tell me if it is a reason why YOU don't always have the kinds of healthy food you want or need.

HGYSCHL2

224. **The kinds of healthy food I want are not available at school (F6 = not attending school)**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

HGYWORK2

225. **The kinds of healthy food I want are not available when eating out, at sports events, or where I work.**

1. Yes

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2. No

77. Don't know/Not sure

99. Refused

FODASST2

226. **In the last 12 months, have you or anyone in your household received food assistance from any of the following sources?**

1. Free or reduced price school breakfast

FREEBRK2

2. Free or reduced price school lunch

FREELUN3

3. Food stamps

FASSTMP2

4. WIC

FASWIC2

CLOSING

That is my last question. Let me emphasize that your answers cannot be identified with your name. Everyone's answers will be combined to give us information about eating and exercise among kids your age.

THANK YOU very much for your time and cooperation.

SAY GOODBYE... (PRESS RETURN TO CONTINUE)

SUSPECT

227. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you suspect that someone may have been listening in at the respondent's household during the interview?

1. Yes

2. No [End questionnaire]

SURE

228. (*TO INTERVIEWER - DO NOT READ ALOUD*) How sure are you that someone may have been listening in?

1. Absolutely Sure

2. Quite Sure

3. Somewhat Sure

4. Not Real Sure

5. Very Sure that No One was listening in

BIASED

229. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you think the respondent's answers were biased because someone was listening in?

1. Yes

2. No

77. Don't know/Not sure

SPANENG

230. (*TO INTERVIEWER - DO NOT READ ALOUD*) Was the interview conducted in English or Spanish?

1. English

2. Spanish